

# SHUTTLE TIME

## PROGRAMME FOCUS AND ELEMENTS

- ▶ A programme for teachers, physical education staff and sports coaches around the world.
- ▶ Free resources online in multiple languages.
- ▶ Online learning and face-to-face training.
- ▶ Supports the teaching of enjoyable, safe and inclusive badminton activities.
- ▶ Suitable for children aged 3-18 years old including those with a physical or intellectual disability.
- ▶ Designed to provide children with a positive image of sport and to have fun, to engage with others, to experience success and to develop fundamental sports skills.



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# SHUTTLE TIME

**GIVING EVERY CHILD A CHANCE  
TO PLAY FOR LIFE**



## RESOURCES AND COURSES

- ▶ **Teachers' Manual** – 10 modules that show how to plan and deliver badminton lessons.
- ▶ **22 Lessons Plan** – in four sections, beginning with 10 Starter Lessons for pupils with little or no badminton experience.
- ▶ **92 Videos Clips** – instructional video clips which shows the activities in the Lesson Plans.
- ▶ **Mobile App** – all the above *Shuttle Time* resources in an easy-to-use app.
- ▶ **Implementation Guidelines** – for national federations to systematically implement *Shuttle Time* nationally.
- ▶ **Schools Kit** – 20 rackets, 36 shuttlecocks and 2 nets.

## ONLINE COMPONENT

- ▶ Introduces users to badminton and *Shuttle Time*.
- ▶ Provide easy access to the theoretical aspects of the programme.
- ▶ Reduce the requirement for participants to attend a full one-day *Shuttle Time* course, through the provision of blended, online and face-to-face learning.
- ▶ Once the online component has been Presented the content of the *Shuttle Time* in a modern and interactive manner.



# SHUTTLE TIME

150+ COUNTRIES INVOLVED, ACROSS 5 CONTINENTAL REGIONS



## YOUTH LEADERS WORKSHOP

- ▶ Allow 16-18 years old school students the opportunity gain experience in sports leadership and badminton through *Shuttle Time*.
- ▶ Provide students with the knowledge and support required to deliver badminton lessons to groups of school pupils.
- ▶ The duration of course is flexible and can be delivered in a variety of formats to suit the needs of schools, teachers and students.



## UNIVERSITY COURSE

- ▶ Offer International Certification to trainee teaching students, while providing the knowledge and support required to deliver fun, safe, enjoyable and inclusive badminton lessons to groups of children aged 3-18.
- ▶ Covers both theory and practical work and is delivered in a modular format.
- ▶ The course is most suitable for university and college students undertaking teaching, physical education and sports related courses.
- ▶ The duration of course is flexible and can be delivered in a variety of formats to suit the needs of the university, lecturers and students.