



Cristian Luque Manjón

Physical Preparation in Elite
Badminton and Para
Badminton Athletes – from
Theory to Practice

A decorative graphic in the top right corner consisting of several overlapping, sharp, red triangular shapes pointing downwards and to the left, creating a dynamic, layered effect.

**WHAT ASPECTS SHOULD I TAKE
INTO ACCOUNT WHEN PLANNING
AND DESIGNING TRAINING
SESSIONS?**

Sport Characteristics

Prevalence, patterns and factors associated with injury: comparison between elite Malaysian able-bodied and para-badminton players

Muhammad Noh Zulfikri Mohd Jamali, Victor S. Selvanayagam, Mohamad Shariff A Hamid & Ashril Yusof

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A Review of the Badminton Lunge and Specific Training Considerations

Sean J. Maloney

Department of Sports Science and Physical Activity, University of Bedfordshire,
Bedford, United Kingdom

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<http://www.jssm.org>

Research article

Changes in the Game Characteristics of a Badminton Match: A Longitudinal Study through the Olympic Game Finals Analysis in Men's Singles

Guillaume Laffaye , Michael Phomsoupha ¹ and Frédéric Dor ²

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REVIEW ARTICLE

The Science of Badminton: Game Characteristics, Anthropometry, Physiology, Visual Fitness and Biomechanics

Michael Phomsoupha · Guillaume Laffaye

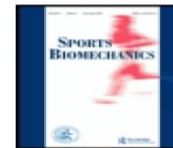
THE ANALYSIS OF THE JUMPING SMASH IN THE GAME OF BADMINTON

Azmin Sham Rambely¹, Wan Abu Bakar Wan Abas²
and Mohd. Safrulshah Yusof³

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Sports Biomechanics



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Movements with greater trunk accelerations and their properties during badminton games

Yasuharu Nagano, Shogo Sasaki, Ayako Higashihara & Hiroshi Ichikawa

To cite this article: Yasuharu Nagano, Shogo Sasaki, Ayako Higashihara & Hiroshi Ichikawa (2018): Movements with greater trunk accelerations and their properties during badminton games, *Sports Biomechanics*, DOI: [10.1080/14763141.2018.1478989](https://doi.org/10.1080/14763141.2018.1478989)

To link to this article: <https://doi.org/10.1080/14763141.2018.1478989>

Individual Profile of the Athlete



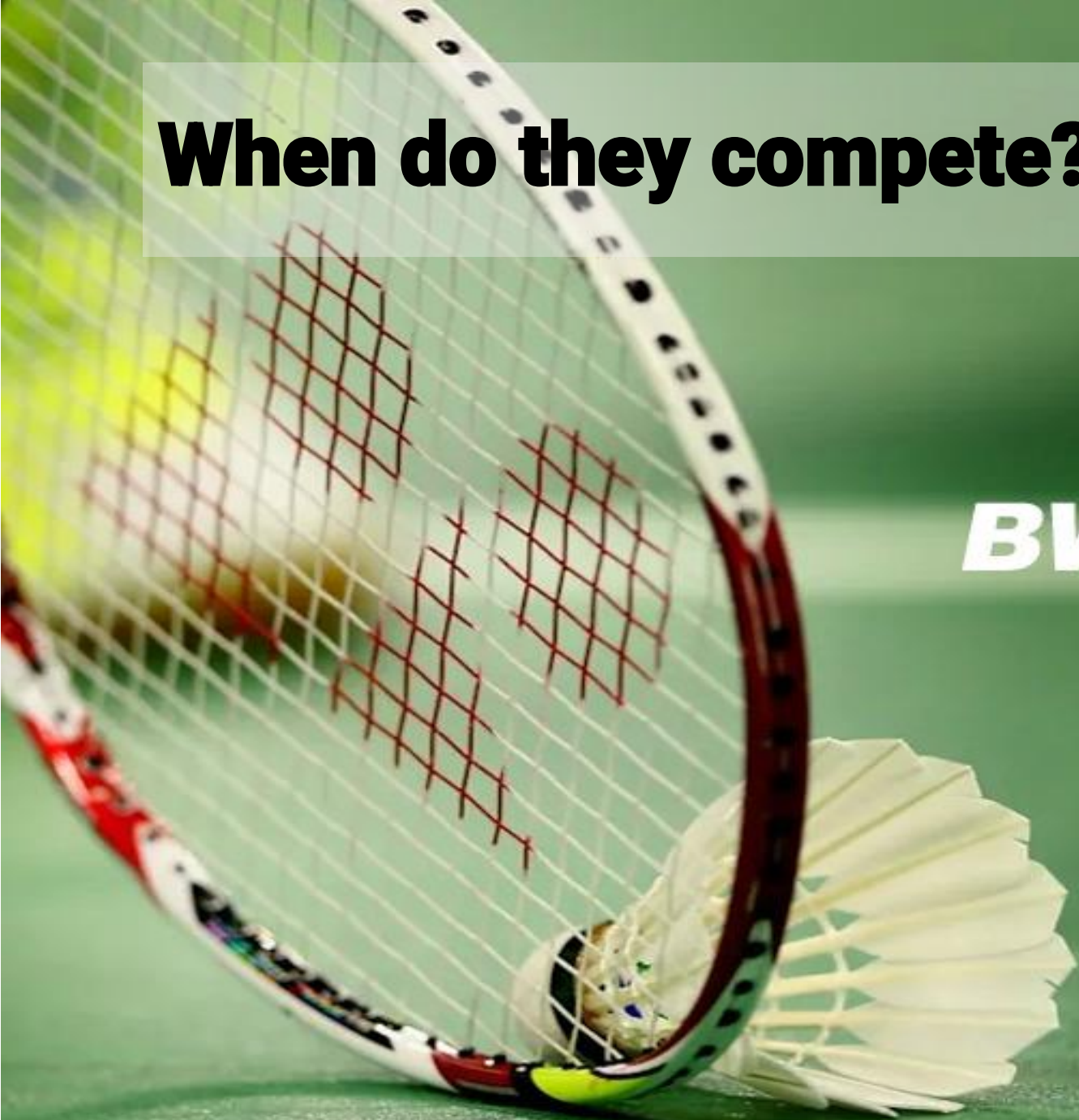
How do they train?



When do they compete?



***BWF CALENDAR
2023***

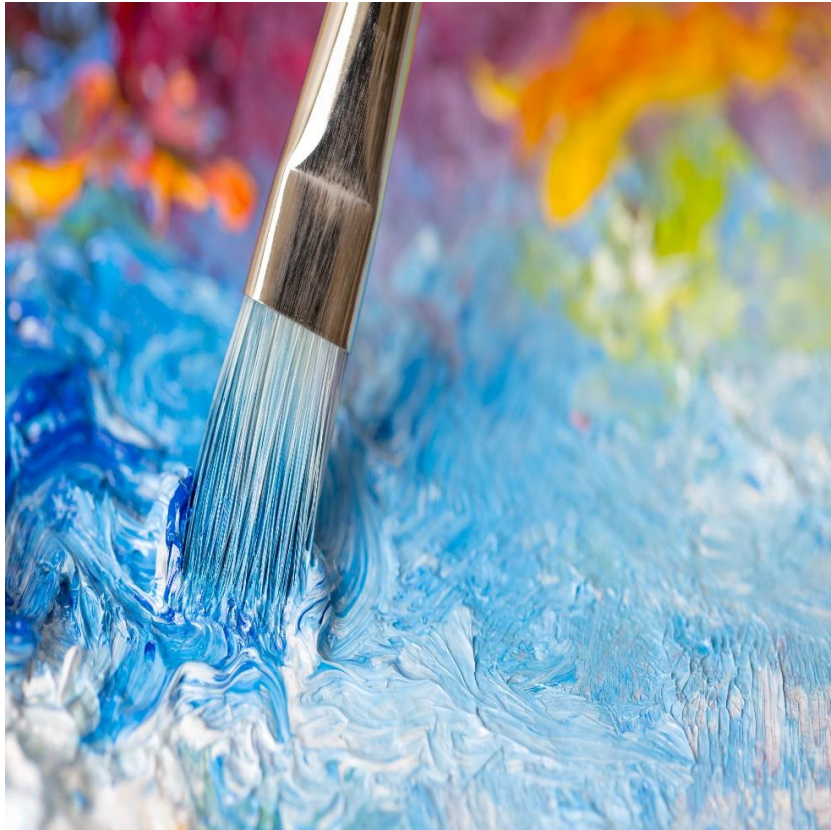


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**“IF CONTENT IS KING,
THEN CONTEXT IS GOD”**

Gary Vaynerchuk

ART



SCIENCE



Now we move to the court...

